

Etappen-Wandern (means: stage hiking) is a hiking blog for backpackers between coast and mountains. Favorite destinations: Germany, Alps and Europe. I prefer soft mattresses and local culinary delights. Long distance? Many summits? Count me in! Etappen-Wandern is for modern hikers who love quality content and inspiration.



## WHAT CHOOSES ME

I really enjoy what I do, I love nature, minimalism and walking. I convey this **POSITIVEIy** and **AUTHENTICLY** in my texts and my readers appreciate this.

I can get excited about almost every destination when it's in nature. I am CHEERFUL and CONVINCING even when the weather is bad, I am charmed by small details that can be discovered along the way.

On the mountains I'm **TOUGH** and **AMBITIOUS** - but not only on the mountain! Also from my texts, videos and pictures I always try to get the best out of it.

## ABOUT ME

Without my hiking boots I'm the boss of a PR agency for health issues, horse lover, foster mother and young author, living in a small half-timbered village near Hannover, Germany. With hiking boots I am nature lover, mountain crazy, adventurer and freedom lover. I can excite others, that's why I'm blogging since 2018.

## **MY READERS**

90% between 18-54 years

from Germany and Austria

women and men alike

hikers & naturelovers & hikers with dog

## CONTAKT

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## **MEDIAKIT**

## E TA P P E N - WA N D E R N

Wanderblog Über Bernwanderwege Europas

## **HEIGHT PROFILS**

BLOG: Monthly page impressions: 11.816 / Visits: 7.911

FACEBOOK: Subscribers: 2.700 / Reach per post: 5.800

INSTAGRAM: Subscribers: 780 / Reach per feed: 1.300

TWITTER: Subscribers: 310 / Reach per tweet: 660

PINTEREST: Subscribers: 420 / Views per month: 250.000

YOUTUBE: Subscribers: 150 / Views per month.: 1.700

## AWARDS



Winner Writing contest Blogger Hiking



## **READERS**:

Not convinced yet? Let readers convince you:

"Compliments for your nice blog and the sympathetic tour descriptions ..."

"You realize that you love hiking!"

"I found your blog by chance and almost hike after you ..."

"... Thanks to you, I have now completely changed my plan and I will hike the Meraner Höhenweg."

"Thank you also for your great reports and information. The way comes to my to do list "

"Absolutely great"

"... would like to hike with you"

"I am enthusiastic about your stories about the Meraner Höhenweg. I was overcome with wanderlust ... "

"A really heartwarming contribution ...... I would like to get to know you!"

"Great report, well prepared tours and great photos !!"

"By chance landed here! I'm totally excited and could start right away! Such a great report, and the video is great too. I would like to do a stage walk with my dog; Unfortunately, my husband don't like hiking. It does not help, I have to start it alone. I notice reading your report / blog that I want to have this experience in my life. "

# ETAPPEN-WANDERN

Wanderblog Über Bernwänderwege Europas

## MERANER HÖHENWEG (ALTA VIA MERANESE) - EXAMPLE

July 2018 / 10 days 473.530 reached people 43.363 interactions 7.263 feedback

## FACEBOOK

17 posts

111.047 reach

13.460 interactions

2.901 feedback

## TWITTER

23 tweets

41.695 reach

2.311 interactions

## INSTAGRAM

21 feeds

10.505 reach

3.079 interactions

## BLOG

Hiking in Meraner Land – my 10 most beautiful hikes

Meraner Höhenweg hiking with dog

Meraner Höhenweg the stages and highlights

Southtyrol – Meraner Höhenweg – most important informations

### PINTEREST

27 pins

287.839 reach

1.769 repins





MEDIAKIT

#### SÜDTIROL – MERANER HÖHENWEG -WICHTIGSTE INFOS

Fünf Jahre ist es her, da war ich das letzte Mal in Südürol. Seitdem träumte ich davon, einmal den geramten Meraner Höhenweg um die Texelgruppe zu gehen. Nun, luli 2019, war es soweit Nit Sack und Pack un Mend ging es en diffich los. Kurn zusammergefasse: Eth bin insgeramt sieben Mal mit dem Boden auf Tuchfühlung yegungen. Nicht, weil der Weg so anzpruchzvoll war, sondern weil ich vor lauter fantartischer Aussicht nicht auf der Vieg sodern in die Viette geschaut habe. Bis auf eine Schramme am Knie und ein paar blaue Frecke, ist aber glücklicherweite nichts pasiert. Wire ja auch au schön gewesten, wenn ich noch die Tour thate abbrechen musen.





# MEDIAKIT ETAPPEN-WANDERN Wanderblog Über Bernwanderwege Europas







## LAKE GARDA / ITALY

October 2018 / 6 days 144.210 reached people 15.218 interactions 2.814 feedback

## WANDERN AM GARDASEE

ALLES WAS DU WISSEN MUSST ÜBER WEGE, HUTTEN UND HIGHLIGHTS



WWW ETAPPEN-WANDERN DE

## **BERCHTESGADEN / BAVARIA**

November 2018 / 1,5 days 62.923 reached people 12.355 interactions 1.375 feedback



**ALLEIN AM WATZMANN** EINE NACHT IM WINTERRAUM



## HARZER HEXENSTIEG / HARZ MOUTAINS

January 2019 / 6 days	
91.165 reached people	
14.068 interactions	Q4:11
3.367 feedback	Still running!





## COOPERATION

My #favoriteplace is nature! I do not participate in city trips or culinary trips without reference to outdoor. I am looking forward to individual trips encompassing hiking, especially hiking trails. I am also open to other outdoor activities such as horse riding, canoeing, paragliding, ski tours or snowshoeing. Please note that I only write in German.

## Press/Blogger trips

You invite me on a journey, I report in my usual scope on my blog and social media channels. We discuss together what you want and I present the ideas.

## Takeover social media channels

For the duration of the press trip, I take over one or more of your social media channels, reporting to your followers daily, up close and emotionally about my experiences.

## Test equipment

Very rarely do I test equipment. When I do this, the test products must meet my sustainability, weight and quality needs.

# BLOGGER KØDEX

Cooperations are always marked as such by me. Basically, cooperation with companies or organizations in no way influences my reporting. I will always provide my honest and personal impressions.

## Tester for long-distance hiking trails / multiday tours

Would you like to open a long-distance hiking trail? Then let me test it. I'll share the information with my readers who are most interested in this topic. You will receive valuable feedback and, on request, texts and images for your own means of communication.

## Hiking guide

In 2019 I will be writing a hiking guide for the renowned German publishing company Rother Bergverlag. Provided that you have a good concept, this is also possible for your longdistance hiking trail. Also a hiking book with daily stages is conceivable.

If you want to release your own german language hiking guide, I could be the right author for it.

## Text and photos

After the trip, I create descriptions of the tours according to your specifications for your website or other media, also SEO-optimized. If you like pictures, you can purchase them by appointment.